

Clips



As well as developing two-handed play this game gives the helper hand practice in:

Thumb/finger grasping

Whole hand grasping

Holding

Reaching

Releasing

Wrist and forearm movements

<http://research.ncl.ac.uk/hemiplegiaresearch-fungames>

The coloured pieces slot together so that you can make all sorts of shapes and structures – your child can be really creative !

There are two ways to connect the pieces, as shown in the picture.



Try to make sure that the pieces are spread out on the table on the helper hand side and encourage your child to reach for them with that hand.

Put some a little further away than others and encourage your child to stretch as far as comfortably possible with the helper arm to grasp them.



If your child finds it too difficult to pick up the pieces in the helper hand, he/she can use the other hand to pick them up and pass them to the helper hand.



Encourage your child to pick up directly with his/her helper hand each time you play.



Pulling the pieces apart is a good activity too because it requires different types of grasp.

Encourage your child to let go of the pieces straight onto the table from his/her helper hand, as much as possible.

Have fun!

<http://research.ncl.ac.uk/hemiplegiaresearch-fungames>